What are the key What actions are you What skill do What is your What is your skills needed for each you need to going to take? Timeline long-term goal? specific career goal? one of your goals? work on? (Training opportunity) -Attend society and club's events - Academic -Attend Ms Pearl class Successfully -Self competence to develop my CV, complete my final assertiveness -Networking RESUME & LinkedIn 11 Months year and swiftly -Verbal -Job searching profile Communication secure -Communication -Attend and engage in -Networking employment -Time management all my class to ensure strong academic Be employed performance by the Health -Take internship or World part-time work Organisation (WHO), to influence direct and improve international -Mentorship from -Critical thinking -Networking health policy. seniors Be an advocate -Networking -Presenting -Join pioneering health within the health -Project and public program system fraternity, management

-Active listening

-Presenting and

public Speaking

and influence

-Ability to persuade

to influence

positive change

health sector.

within the public

speaking

-Problem

ng

solving and

troubleshooti

-Volunteer for Public

-Join a Public Health

**Health Initiatives** 

Organization

**Training** 

-Education and

3.5 Year

What is your long-term goal?

What is your specific career goal?

What are the key skills needed for each one of your goals?

What skill do you need to work on?

What actions are you going to take? (Training opportunity)

Timeline

Be employed by the World Health Organisation (WHO), to influence direct and improve international health policy. Occupy a managerial position in hospital management and health policy development in South Africa

- -Leadership
- -Communication on (Verbal and Written)
- -Self assertiveness
- -Team work
- -Problem-Solving and Critical Thinking

- -Leadership
- -Self
- assertiveness
- -Verbal Communicatio
- n -Critical thinking

- -Work Experience
- -Mentorship program
- -Leadership
- development program
- -Join professional forum that showcase health policy

4 Years

Become the minister of health within South Africa

- -Assertiveness
- -Decisiveness
- -Networking & Communication
- -Resilience
- -Leadership and management

- -Networking & communicatio
- -Collaboration
- -Decision making

Assertiveness

- -Community engagement
- -Obtain master and doctorate qualifications
- -Become involved in health-related research projects
- -Partake in health policy discussion and debate

7 Years

## What actions are you going to take? (What training opportunities are you going to take advantage of?)

Successfully complete my final year and swiftly secure employment

**Attend Society and Clubs Events:** Actively participate in society and club events related to my field of interest. This will provide me with opportunities to network with peers, professionals, and potential employers. Building a strong professional network can lead to job referrals and valuable connections.

Attend Ms. Pearl's Class for Professional Branding: Ms. Pearl's class help to create a compelling CV, resume, and LinkedIn profile. These tools are crucial for attracting potential employers. Ensure that my professional branding materials are well-crafted, up-to-date, and tailored to the specific job positions I am interested in (Expand my online network)

Attend and Engage in All My Classes to Ensure Strong Academic Performance: Focusing on my academic performance is essential. Attending all classes regularly, actively participating, and engaging with my instructors and peers to build a strong academic performance not only to boosts my knowledge but also makes me a more attractive candidate to potential employers.

**Take Internship or Part-Time Work:** Seeking out internship or part-time work opportunities related to health science field would help me gain practical experience as it is highly valued by employers and can make you a more competitive job candidate. It also helps to develop valuable skills.

Be an advocate within the health system fraternity, to influence positive change within the public health sector.

**Mentorship from Seniors:** I will identify experienced professionals or leaders within the health system fraternity who can serve as mentors and seek guidance and insights from them regarding effective advocacy and positive change within the public health sector. Learn from their experiences and build a strong professional network within the field.

**Join a Pioneering Health Program:** I will Look out for health programs that align with my advocacy goals and are known for innovative and positive contributions to public health and actively participate in such programs to gain valuable experience and increase my visibility as a proactive advocate.

**Volunteer for Public Health Initiatives:** Find opportunities to volunteer with organizations, community projects, or public health initiatives. Actively engage in activities that allow you to make a tangible impact in addressing health-related issues in your community. Document your experiences and the positive changes you contribute to as part of your advocacy efforts.

**Join a Public Health Organization:** Become a member of reputable public health organizations or associations that share same advocacy goals. Attend meetings, conferences, and seminars to stay informed about current issues and opportunities for advocacy. Collaborate with other members on advocacy projects and initiatives.

**Education and Training:** Pursue further education or training in public health, health policy, or related fields to enhance knowledge and expertise. Knowledge and skills acquired through education and training will empower me to make more informed and impactful contributions to the public health sector. Consider advanced degrees or certifications that are relevant to your advocacy goals.

Occupy a managerial position in hospital management and health policy development in South Africa

Work Experience: Look for job opportunities in healthcare organizations, hospitals, or government health agencies that align with my career goal, also seeking positions that will allow me to gain experience in hospital management, administration, or health policy development. Build a strong network within the healthcare industry in South Africa. Attend industry events, conferences, and seminars to meet professionals and learn about potential job openings. Continuously work on developing the skills and knowledge required for a managerial position. This includes healthcare management, policy analysis, data analysis, and leadership skills. Take the initiative to propose and lead projects related to health policy development, process improvement, or patient care. Demonstrating ability to drive change and make a positive impact to become a strong candidate for managerial positions.

**Mentorship Program:** Looking for an experienced mentor in hospital management or health policy development, to provide guidance, share insights, and help you navigate the career path. Work with a mentor to set clear career development goals. Discuss your ambition to occupy a managerial position and seek advice on how to achieve it. Take advantage of your mentor's experience and learn from their successes and challenges.

**Leadership Development Program:** Enrol in Leadership Courses or programs that focus on healthcare leadership and management to gain the skills and knowledge necessary for a managerial role. Keep a record of your leadership development activities and milestones. This will help demonstrate your

Become the minister of health within South Africa

**Community Engagement:** Start by actively engaging with your local community and gaining a deep understanding of their healthcare needs and concerns. This can be through volunteering, organizing health-related workshops, or collaborating with local healthcare organizations. Build a positive reputation and rapport within the community by demonstrating your commitment to improving healthcare. Obtain Master and Doctorate Qualifications: Pursue higher education in fields related to health, healthcare management, or public health. Earning a master's and a doctorate degree will significantly enhance your qualifications and expertise in the field.

**Become Involved in Health-Related Research Projects:** Collaborate with academic institutions, research organizations, or government agencies to engage in health-related research projects. Focus on conducting research that addresses critical healthcare issues in South Africa, contributing valuable insights and solutions to ongoing problems.

Partaking in Health Policy Discussion and Debate: Attend health policy forums, conferences, and seminars where health policies and strategies are discussed and debated. Network with key stakeholders, policymakers, and experts in the field to stay informed about the latest developments in healthcare policy. Establish relationships with mentors, advisors, and peers who can provide guidance and support in your career development.

**Gain Relevant Experience:** Seek positions in the healthcare sector, either in government, non-governmental organizations, or the private sector, that allow you to gain practical experience in healthcare management and policy. Showcase your leadership abilities by taking on leadership roles in community projects, research initiatives, or professional organizations.

**Advocacy and Public Speaking:** Develop strong communication and public speaking skills to effectively advocate for your healthcare policies and initiatives.